

Louisiana Physical Cherapy Board

NEWSLETTER

WINTER 2019

Message from the Director



Renewals are upon us and the Board office staff is gearing up for the renewal season. This year Louisiana has 2,367 licensees eligible for renewal. We are excited to offer "Inactive" as a new status for licensees who are not practicing in Louisiana but do not want their license to lapse. We hope that this is a good option for those who have a difficult time completing Louisiana board-approved CEs. If you do not wish to renew your license this year and you would like your status to be moved to "Expired", please complete a Notice of Non-Renewal form on our website. The form can be found on our

website www.laptboard.org under "Forms" on the menu bar.

In this newsletter, you will read about our newly appointed board members, including our first ever consumer member of the board. I have included a few important notes about our new Rules that became effective in December, but be sure to read the updated Rules on our website and let me know if you have any questions at all about the changes. The Board is going to be discussing submitting a Rules revision at the January board meeting, so if you have proposed changes please do not hesitate to contact me or a board member with suggested changes. I have also provided a step-by-step guide for renewing your license and continuing education information to help odd-year birth year licensees. I hope that this newsletter provides updates that you need, but if you have questions please do not hesitate to contact the board office.

Charlotte Martin, M.P.A. *Executive Director*

CURRENT BOARD

Board Member	Term Expiration
Julie Harris, PT Chairman	Dec 2019
Karl Kleinpeter, PT Secretary/Treasurer	Sept 2020
Craig Prejean, PTA	Sept 2019
Judith Halverson, PT	Jan 2021
Meredith Warner, M.D.	Jan 2021
Kathryn Brittain, PT	Sept 2021
Phillip Page, PT	Sept 2021
Melissa Cox, Consumer	Dec 2021

PHYSICAL THERAPY LICENSURE COMPACT

On May 23, 2018, Gov. John Bel Edwards signed Senate Bill 203, the Physical Therapy Licensure Compact, into law in Louisiana (Act 524). At the present time, Louisiana is working to address final pending requirements before officially being able to actively issue compact privileges. Until then, Louisiana-domiciled licensees will not be eligible to receive a Privilege to Practice in other states and Louisiana will not be able to issue privileges to practice for other member states' licensees.

Many individuals have expressed interest in the Physical Therapy Licensure Compact. You can view the latest updates on the compact at ptcompact.org or by clicking **here**. As of right now our neighboring states, Texas and Mississippi, are actively issuing and accepting compact privileges. Louisiana is working hard to begin actively begin issuing privileges and we are hopeful that we will begin this calendar year in 2019. We will provide updates as they become available, but as of right now we are not actively issuing privileges and we have some work that must be done before we can do so.

MEET OUR NEW CHAIRMAN



JulieAnn Harris, PT, DPT, OCS

On October 18, 2018, the board voted JulieAnn "Julie" Harris as the chairman of the Louisiana Physical Therapy Board. Julie was appointed by Governor John Bel Edwards on December 27, 2016. Julie is Board Certified in Orthopedic Physical Therapy (OCS) by the American Board of Physical Therapy Specialties since 2009. She is an APTA certified Clinical Instructor and also certified in Functional Dry Needling by Kinetacore. She is a member of the American Physical Therapy Association (APTA), including the Orthopaedic Section and also a member of the Louisiana Physical Therapy Association. She served as the LPTA Shreveport District Chair and Executive Committee from 2010-2016. Julie previously served as a faculty member of the LSUHSC Orthopaedic Residency program and an adjunct faculty at the LSUHSC Shreveport Entry-Level DPT program. In 2018, she opened her own private practice in Shreveport.

Introducing Our New Board Members



Kathryn Brittain, PT, DPT, MBA

Kathryn "Katie" Brittain was appointed by Governor John Bel Edwards to serve in an at-large position of the board beginning September 7, 2018. Kathryn received her Doctorate of Physical Therapy degree from Duke University Medical School where she held multiple offices including serving on the medical school board of directors. She also received her MBA from Texas Woman's University and has been instrumental working with organizations in developing programs for quality improvement, strategic planning, and business development. Further, she served as CEO of a startup technology company and was responsible for the development of best practice guidelines specific to managing spine related pain. Kathryn's primary interest is a combination of

utilizing her clinical depth of knowledge with the business models of cost analysis and quality improvement as it relates to medical intervention best practice and assessment of long term outcomes. Currently, Katie continues to serve primarily in the role of administrator in managing quality improvement, business development, and as a resource for best practice in the diagnosis and treatment of complex orthopedic patients. In addition, she volunteers as the Louisiana Physical Therapy Association (LPTA) Policy and Payment Committee Chair, member of the Louisiana Department of Insurance Health Care Commission, member of the Department of Insurance Pharma and Healthcare Costs Work Group, and she served on the 2017 Federation of State Boards of Physical Therapy national physical therapy exam standard setting task force.

Term Expires September 06, 2021



Phillip A. Page, PhD, PT, ATC, CSCS, FACSM

Phillip "Phil" Page was nominated by the Louisiana Physical Therapy Association and appointed by Governor John Bel Edwards on September 18, 2018. Phil is a licensed physical therapist, athletic trainer, and certified strength & conditioning specialist. He graduated from LSU in physical therapy and received his master's degree in exercise physiology from Mississippi State University, as well as a doctorate in Kinesiology from LSU. Dr. Page is a Fellow in the American College of Sports Medicine. Since 1998, Phil has been the Global Director of Clinical Education and Research for Performance Health. Dr. Page has faculty appointments at Tulane Medical School and Wichita State University. He has received the Lifetime Excellence in Education Award from the

American Academy of Sports Physical Therapy, and serves as Vice-Chair of the Research Committee. He is a member of several national advisory boards and regularly reviews grants and journal article submissions, also serving as Editor in Chief of the Journal of Performance Health Research. Dr. Page lectures extensively and provides workshops on a variety of topics around the world. He has presented over 200 international lectures and workshops on exercise and rehabilitation topics, and has over 100 publications as well as 3 books including Assessment and Treatment of Muscle Imbalance: The Janda Approach. He has worked with the athletic programs at LSU, Tulane, the New Orleans Saints and Seattle Seahawks, as well as the United States Olympic Track and Field Trials.

Term Expires September 17, 2021

Melissa Cox, B.S., M.S.Ed

Melissa Cox was appointed by Governor John Bel Edwards on December 21, 2018 to serve as the first Consumer Member of the Louisiana Physical Therapy Board. Melissa received her Bachelor of Science in Biology from Louisiana State University in 2004. In 2006 she received a Master's degree in Counseling Education and a specialization in Education in 2007. Melissa is currently finalizing an Ed.D. in Curriculum, Instruction, and Administration. She is in her 14th year teaching high school science in Calcasieu Parish; having taught Biology II, Biology I, Chemistry, and Physical Science. Apart from her career, she is also a loving mother to her four wonderful boys ages 15, 9, 7, and 5. Melissa is an active member of the Junior League of Lake Charles and serves on the board of the Calcasieu Soccer Club. She also plays a heavy involvement in her children's sports by coaching their soccer teams in the fall and spring and managing the baseball teams her husband coaches.

Term Expires December 20, 2021

CHAIRMAN'S MESSAGE



I am honored to have been elected as Chairman of the Louisiana Physical Therapy Board. It is an exciting time in regulation as the climate, nationally, is shifting in a positive way. In October 2018, most of the board members attended the Annual Meeting of the Federation of State Boards of Physical Therapy. At this meeting we were excited to learn about sessions that focused on the future of regulation. Regulation is moving toward an evidence-based approach to competencies in the profession, professional burnout, and remediation as opposed to punitive corrective action of those who are in violation of the Practice Act and Rules.

As we look toward the future of regulation of the profession of physical therapy in Louisiana, we are always mindful of our primary mission which is to ensure that the citizens of Louisiana have access to safe and competent physical therapy services while preventing and reducing real or potential harms. In March of 2019, the board will participate in a strategic planning retreat to discuss the future of regulation and create a multi-year plan to follow. This meeting will be posted on our website and will be held as an open meeting. We encourage you to attend to listen to the board members in this discussion. Following the retreat, we expect to have a strategic planning document with a timeline, including goals and objectives to follow. We expect to have this retreat annually in the first quarter of the year moving forward, so we can continue to reflect on our work and make improvements moving forward. We encourage you to get involved and participate in the discussion.

Julie Harris, PT, DPT, OCS Board Chairman

2018 Rules Revision Highlights

Here are a few important updates regarding a few of the Rule changes effective 12/20/2018. For a complete copy of the latest Rules click here.

Supervision of PT Students.

It was the intention of the Board to define supervision of a PT students as "on premises" and not "continuous" supervision (Rule §123, Definition of Continuous Supervision and Rule §337.A.). On premises supervision is defined as the supervising PT of record is physically present in the treating facility and immediately available to the treatment area. The Board will discuss filing a Rule revision at the January 2019 board meeting to address this change. If you have a Rule that you would like considered for revision, please contact the board office.

Inactive Status of License

In time for the 2019 license renewal period, licensees who are not currently practicing physical therapy in Louisiana but wish to maintain and renew their license may do so by renewing under the new inactive status. Under the inactive status, licensees are not required to report the 30 hours of continuing education in order to renew their license. Licensees will pay the normal license renewal fee as stated in Rule §501. Should a licensee wish to reactivate their license and practice within the state of Louisiana, they must follow Rule §181.D. All individuals who wish to renew their license under the inactive status will be required to provide a written request to the board and complete a paper renewal application.

Treatment for Dry Needling

Louisiana licensees are no longer required to complete two years of licensed clinical practice prior to receiving training required to practice dry needling. In addition, written consent from the patient is no longer required prior to utilizing dry needling treatment. However, physical therapists must still educate the patient on the potential risks and benefits of the treatment and receive informed consent. This education and consent must be documented and maintained in the patient record.

Online License Renewal Instructions

If further assistance is needed, please contact the board office. If you want to renew with a paper application, please submit a written request to the Board for a paper application. Paper applications will be accepted but must be accompanied by a Money Order.

STEP 1: Log in to your account

Log in on your dashboard at www.laptboard.org/login.

STEP 2: Review Your Contact Information

Changes to licensee information must be reported to the board within 30 days of such change (La R.S. 37:2415.B. and Rule §317.A.). Licensees may update contact information directly on their dashboard once logged in.

STEP 3: Confirm Timeframes

Please take a moment to review the following information to be sure you are renewing in the correct year and that you are reporting CE courses that fall within the correct timeframe allowed for renewals. For the Renewal Year 2019, renewal applications will be accepted from odd-year birth year licensees from February 1—March 31. Late renewals will be accepted during the month of April. Renewal applications received after April shall be deemed applications for license reinstatement (Rule §181). Course dates allowed for renewal are course completion dates from April 1, 2017 through March 31, 2019.

STEP 4: Report Continuing Education

Report Continuing Education by clicking the "Add a Course" button in the Continuing Education section of your dashboard. Select the course sponsor of the course that you are adding from the dropdown menu "Select a Sponsor." Next, choose the title of the course completed from the dropdown menu "Select a Title."

Don't see the course listed? Confirm that the course was approved by the Louisiana Physical Therapy Board by reviewing your certificate of completion and/or contacting the sponsor. Check the archived courses by clicking "View Archived CE Courses" to see if the course does not fall within the renewal timeframe. If your course was taken in the appropriate timeframe, but is not approved by the board, you can submit for individual approval as long as the course application is received by February 28, 2019.

Need more help with CEs? See page 5 of the Newsletter for details on the CE requirements for renewals.

STEP 5: Access the Online Renewal Form

From your dashboard, click the link, "Renew License" link found above the Jurisprudence Exam information and proceed to the online renewal application. Don't see the link? Access the renewal application directly at www.laptboard.org/renew.

STEP 6: Part 1: Review Reported Information

Carefully review your current contact information. Carefully review the reported coursework for accuracy, checking the Course Sponsor name, course title, type of delivery of the course (traditional/onsite, online/home study, etc.), and credit hours. If you need to change your information for accuracy, click the "Dashboard" button at the bottom of the page to return to the Dashboard. <u>STEP</u>

STEP 7: Part 2 and 3: Complete the Questionnaire, Pay and Submit

Complete the questionnaire. Answer questions truthfully and if you answer "yes" to a question, please provide details in the comment box. Renewal forms submitted between the dates of 2/1/2019 and 3/31/2019 will require a \$280.00 online payment (Rule §501). Renewal forms submitted in the month of April will require a \$400 online payment (Rule §501). This step must be completed to process your application.

STEP 8: Confirm

Check your license expiration date on the board website. If your application was submitted properly, your expiration date should be 4/30/2021. If your expiration date did not automatically update, call the board office immediately.

CEU REQUIREMENTS

FOR ALL ODD BIRTH-YEAR LICENSEES (Rule §194)

Licensees may only report BOARD-APPROVED courses that were completed April 1, 2017 — March 31, 2019.

For Licensees NOT Exempt Under Rule §198

30 hours of continuing education is required to renew your 2 YEAR license.

COURSE CATEGORIES — what a course will teach

<u>Clinical</u> - teaches about a diagnosis, treatment techniques or evaluation methods (MANDATORY; **at least 18 hours**; *can be either live and/or online*)

<u>Ethics</u> - covers issues of ethics or professionalism (MANDATORY; **2 hours**, can either be live and/or online)

<u>Jurisprudence</u> - attend a live seminar hosted by the Board or pass the online Exam (MANDATORY; **2 hours**; *online exam counts as live hours*)

<u>Administrative</u> - addresses billing or management issues; includes self-help courses (NOT mandatory; **maximum of 8 hours**)

COURSE TYPES — how a course is offered

<u>Traditional/Onsite</u> - lecture or lab-based course; instructor is physically present (MANDATORY; **minimum 15 hours)**

Online/Home Study - not instructed in live time (ex: DVDs or selected readings) (NOT mandatory; maximum 15 hours)

<u>Webinar/Live Stream</u> - real time by an instructor not physically present; (ex: website) (NOT mandatory; **maximum 15 hours**)

See newsletter Page 6 for Exemptions Under Rule §198

LICENSE RENEWALS: CEU REQUIREMENTS

CEU EXEMPTIONS

For Licensees Exempt Under Rule §198

Two (2) Possible Exemptions

Exemption 1: New Graduates

2018 Graduates

For licensees who graduated in the calendar year $\underline{2018} \rightarrow 0$ hours of CEUs to report

- Log into your Dashboard and click Add a Course;
- Select the sponsor *Louisiana Physical Therapy Board*;
- Add the course titled *New Graduate 2018*;
- Enter your graduation date in the Award Month/Year field;
- Click Submit

2017 Graduates

For licensees who graduated in the calendar year $2017 \rightarrow 15$ hours of CEUs to report.

- 2 hours of Jurisprudence
- 2 hours of Ethics/Professionalism
- 11 hours of Clinical/ Preventative
- Optional: up to 4 hours of Administrative can be substituted for Clinical

Instructions on obtaining 15 hours credit for graduating in 2017:

- Log into your Dashboard and click Add a Course;
- Select the sponsor *Louisiana Physical Therapy Board*;
- Add the course titled *New Graduate 2017*;
- Enter your graduation date in the Award Month/Year field;
- Click Submit

Exemption 2: Reciprocity or Reinstatement Licensed in 2018

2018 Licenses Issued by Reciprocity or Reinstatement → 15 hours of CEUs to report

- 2 hours of Jurisprudence
- 2 hours of Ethics/Professionalism
- 11 hours of Clinical/ Preventative
- Optional: up to 4 hours of Administrative can be substituted for Clinical

Instructions on obtaining 15 hours credit for graduating in 2017:

- Log into your Dashboard and click *Add a Course*;
- Select the sponsor *Louisiana Physical Therapy Board*;
- Add the course titled *Licensed through Reciprocity in 2018 (Renewing 2019)*;
- Enter your graduation date in the Award Month/Year field;
- Click Submit

Louisiana Physical Therapy Board Winter 2019

DISCIPLINARY ACTION

Angela Archer, PTA A7442, Benton, LA: Administrative Complaint 2018-I-018.

Licensee failed to comply with the terms of her Consent Order (2017-I-023) related to diversion of patient medication during a physical therapy home health visit. On September 13, 2018, Administrative Complaint 2018-I-018 was adjudicated before a quorum of the Board. The Board Order hereby suspends her license until she completes initial recommendations set forth in the original Consent Order as well as fully participate in the Recovering Physical Therapy Program (RPTP). Upon successful completion of those terms, her license will be placed on probation for a minimum period of five years to include practice restrictions and monitoring.

Mark Loflin, PTA A3140, Slidell, LA: Administrative Complaint 2018-I-010.

Licensee was reported to the board regarding documentation of patient visits which had overlapping times on multiple events in addition to documenting for physical therapy services not provided. Upon completion of the investigation and determining that the board rules and practice act were violated, Mr. Loflin decided to Voluntarily Surrender his license to practice as a Physical Therapy Assistant in the state of Louisiana. Mr. Loflin is not eligible to apply for reinstatement of his license prior to December 5, 2020, at which time he will have to successfully satisfy all requirements for licensure and reinstatement of a suspended or revoked license as found in rule.

Philippe Veeters, PT 01437F, Baton Rouge, LA: Administrative Complaint 2018-I-014.

Licensee was reported to the board by a female patient asserting that during the examination, Mr. Veeters inappropriately touched her during the examination without providing a treatment explanation, without obtaining consent or having another individual in the treatment room. On December 5, 2018, Mr. Veeters entered into a Consent Order with the Board placing his licensee on suspension for 9 months, which includes completion of a fitness for duty evaluation prior to completion of his suspension period. Upon completion of the suspension period and a fitness for duty evaluation indicating that he is fit for practice, Mr. Vetters will be placed on probation for a minimum period of five years with practice restrictions. During probationary period, he shall not provide physical therapy treatment to female patients outside of the presence of another responsible person. He must notify all employers and employees of his consent order prior to providing services. He shall comply with monitoring visits, and complete a three day professional boundaries and ethics course.

Advisory Committee Members

Chris Franks, PT Lake Charles

Lora Whiting, PTA Crowley

Shaina Goudeau, PT

Pineville

Jason Douglas, PT Larose Nicholas Butler, PT Monroe Marie Vazquez, PT Shreveport

Jeremy Dye, PT Shreveport

Tyra Mitchell, PT New Orleans

New rule changes took effect on December 20, 2018. Please refer to the board's website to view changes.



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Stephanie Boudreaux

Compliance Officer & CEU Specialist 337-262-1043 ext.101 Stephanie@laptboard.org

Nakia Brooks

Student Worker

UPCOMING EVENTS



Traveling Jurisprudence 2019 Schedule

To register for a Live Jurisprudence Seminar, email your name, license number, and desired Jurisprudence location to ceu@laptboard.org. Your certificate will be emailed to you following the completion of the seminar.

Click here to view the 2019 Jurisprudence Schedule

Additional dates and locations may be added; please check our website frequently for the most up-to-date information.

We Moved!

Effective January 7, 2019, our new physical address is 2110 W Pinhook Rd, Ste. 202 Lafayette, LA 70508.

Louisiana Physical Cherapy Board

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